



Training
programme

EXECUTIVE TEAM

Blended in-room
and on-line

■ OBJECTIVES

- ▶ *Strengthen cohesion at the top of the Company*
- ▶ *Develop mutual trust and understanding*
- ▶ *Practice authentic, stimulating and caring leadership*
- ▶ *Encourage performance and potential of team members*
- ▶ *Generate greater commitment throughout the Company*

■ TARGET

- ▶ Executive Team as a whole.
In case of a disability, please contact us to arrange accommodation.

■ THE STAKES

- ▶ Executive leadership, cohesion and trust plays a decisive role in the commitment of all managers and teams.

■ CONTENT

1. *Lead better*

- ▶ Set new goals for yourself and your team members.
- ▶ Communicate trust and demonstrate managerial courage.
- ▶ Deliberately balance gentleness and firmness with your colleagues.

360° feedback, Applications, emails, hotline with the trainer

2. *Communicate better*

- ▶ Show genuine interest in others and create quality exchanges.
- ▶ Develop your interpersonal skills in managerial situations.
- ▶ Aim for excellence in meaningful, forceful, and graceful communications.
- ▶ Use a proven process to empower and grow your team members.

Applications, emails, hotline with the trainer

3. *Motivate better*

- ▶ Inspire confidence and give confidence to empower and delegate.
- ▶ Use simple tools to manage stress, time and priorities with more serenity.
- ▶ Share your vision, your convictions, and your energy more effectively.
- ▶ Increase your emotional power and your charisma.

Action plan, applications, emails, hotline with the trainer

■ METHOD

- ▶ The principles worked on are put into practice during the sessions.
- ▶ The exercises encourage commitment, emulation and cohesion in the team.
- ▶ The teambuilding atmosphere is constructive, fun and stimulating.
- ▶ Sessions are spaced out to allow for immediate practical applications in the workplace.

■ ORGANISATION

- ▶ 3 modules of 2 days, in-room, spaced by 3 or 4 weeks
+ 3 one-hour on-line sessions with the trainer + 9 weeks of hotline with the trainer
+ 6 hours individual applications on the job = 8 days in total (or 60 hours)
- ▶ You evaluate yourself and the training: at start, at the end, and 1 month later.