



EXECUTIVE TEAM

■ TARGET

- ▶ *Executive Team as a whole.*

■ OBJECTIVES

- ▶ Strengthen cohesion at the top of the Company to foster collective commitment.
- ▶ Increase mutual trust and the quality of exchanges
- ▶ Practice and promote authentic, stimulating and caring leadership.
- ▶ Encourage the performance, potential and fulfilment of team members.

■ CONTENT

1. *Lead better*

- ▶ Set new goals for yourself and your team members.
- ▶ Communicate trust and demonstrate managerial courage.
- ▶ Deliberately strike a balance between gentleness and firmness with your colleagues.

360° feedback, applications, emails, hotline with the trainer

2. *Communicate better*

- ▶ Show genuine interest in others and create quality exchanges.
- ▶ Develop your interpersonal skills in managerial situations.
- ▶ Establish meaningful, powerful and graceful communications.
- ▶ Use a proven process to empower and grow your team members.

Applications, emails, hotline with the trainer

3. *Motivate better*

- ▶ Inspire confidence and give confidence to empower and delegate.
- ▶ Use effective tools to manage stress, time and priorities with greater serenity.
- ▶ Share your vision, your convictions and your energy more effectively.
- ▶ Increase your emotional power and your charisma.

Action plan, applications, emails, hotline with the trainer

■ METHOD

- ▶ The principles worked on are put into practice during the sessions.
- ▶ The exercises encourage commitment, emulation and team cohesion.
- ▶ The teambuilding atmosphere is constructive, fun and stimulating.
- ▶ Sessions are spaced out to enable immediate practical applications in the workplace.

■ MODALITIES

- ▶ 3 modules of 2 consecutive days, in-room, spaced by 3 or 4 weeks.
In-room training: 45h. Trainer follow-up 2h/ participant. On the job applications: 6 hours.
- ▶ You evaluate yourself and the training: at start, at the end, and 1 month later.
- ▶ If you have a disability, please contact us to arrange accommodation.